# FIREARMS TRAINING SCHOOL



# **Second Amendment Foundation for Education & Research**

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Choosing to own a firearm is your business; teaching you to use it responsibly is ours

# **2023 Course Catalog**

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Courses are offered at your facility.

**Private instruction (Hourly)** is \$60/hour/person plus applicable range fees.

**Private instruction (Course)** Cost per person varies with the course plus applicable range fees. Any class can be scheduled for a private group with a minimum of four full paying students. All courses can be offered at your home facility anywhere in the world; call for specifics.

CHICAGOLAND'S MOST POPULAR FIREARM TRAINING SCHOOL
OVER 8000 STUDENTS TRAINED SINCE 2006
(231214)

# **NRA COURSES**

#### BASIC PISTOL SHOOTING COURSE (8 hours) - \$100

**Prerequisites:** None

**Equipment required:** Hearing & eye protection, baseball cap and clothing suitable for the weather. **Course Description:** This beginner's course includes both classroom and shooting instruction on the range. Students learn NRA's rules for safe gun handling; pistol parts and operation; ammunition; shooting fundamentals; range rules; shooting from the bench rest and two handed standing positions; cleaning the pistol; and continued opportunities for skill development. Beretta U22 Neo .22 caliber semi-automatic pistols and ammunition are provided. These pistols are easy to operate and have minimal recoil.

#### BASIC RIFLE SHOOTING COURSE (14 hours) - \$160

**Prerequisites:** None

**Equipment required:** Hearing & eye protection, baseball cap and clothing suitable for the weather. **Course Description:** This two day beginner's course includes both classroom and shooting instruction on the range. Students learn NRA's rules for safe gun handling; rifle parts and operation; ammunition; shooting fundamentals; range rules; shooting from the bench rest, prone, sitting, standing and kneeling positions; cleaning, and continued opportunities for skill development. Bolt action, .22 caliber CZ Model 513 full size and CZ Model 452 youth rifles and ammunition are provided. The CZ rifles are low recoil, highly accurate firearms.

#### BASIC SHOTGUN SHOOTING COURSE (10 hours) - \$130

Prerequisites: None

**Equipment required:** Hearing & eye protection, baseball cap and clothing suitable for the weather. **Course Description:** This beginner's course includes classroom and range time learning how to shoot shotguns at moving targets. Students learn NRA's rules for safe gun handling; shotgun parts and operation; shotgun shell components; shotgun shell malfunctions; shooting fundamentals; range rules; shooting at straight away and angled targets; cleaning; and continued opportunities for skill development. Both adult and youth model Remington 870 pump action 20 gauge shotguns and 20 gauge shot shells are provided. They have been selected for their low recoil and widespread popularity among recreational shooters and hunters.

# CHIEF RANGE SAFETY OFFICER (8 hours) - \$200

**Prerequisites:** NRA Certified Range Safety Officer – AND EITHER – The NRA Basic Instructor Training course –OR– a current NRA Instructor rating in another discipline.

**Equipment required:** None

**Course Description:** This course develops NRA certified Chief Range Safety Officers who possess the knowledge, skills and attitude necessary to train and supervise NRA Range Safety Officers and to provide the essential information required to develop Range Standard Operating Procedures.

# HOME FIREARM SAFETY (4 hours) - \$50 (\$500 flat rate for groups of 11 or more)

**Prerequisites:** None

**Equipment required:** None

**Course Description:** This classroom course teaches students the NRA's three rules for safe gun handling; primary causes of firearms accidents; firearm parts; how to unload certain action types; ammunition components; cleaning; care; safe storage of firearms in the home; and the benefits of becoming an active participant in the shooting sports.

#### INSTRUCTOR: BASIC INSTRUCTOR TRAINING [BIT] (6 hours) - \$50

NOTE: This class is only taught in conjunction with NRA Instructor and Chief Range

**Safety Officer courses** 

**Prerequisites:** The prerequisites for the related instructor course.

**Equipment required:** A three ring binder.

**NOTE:** This course is taught immediately prior to each discipline instructor course. It is not a stand-alone course and must be taken in conjunction with a given discipline instructor course or the Chief Range Safety Officer course.

**Course Description:** This course is a required prerequisite to all other NRA instructor and Chief Range Safety Officer courses. It is designed to teach the knowledge, skills and attitude necessary to conduct the NRA Basic Firearms Training courses. It is a basic educational psychology and teaching methods course that covers introducing a speaker, basic firearm training programs, using a training team, training materials and training aids, organizing a course and preparing to teach.

#### **INSTRUCTOR: HOME FIREARM SAFETY (5 hours) - \$150**

**Prerequisites:** NRA Basic Instructor Training course –OR– current NRA Instructor rating in another discipline.

**Equipment required:** A three ring binder.

Course Description: To develop NRA certified instructors who possess the knowledge, skills, and attitude necessary to conduct the NRA Home Firearm Safety course. HFS is a non-shooting, classroom course that teaches students the NRA's three rules for safe gun handling; primary causes of firearms accidents; firearm parts; how to unload certain action types; ammunition components; cleaning; care; safe storage of firearms in the home; and the benefits of becoming an active participant in the shooting sports.

# **INSTRUCTOR: PISTOL (11 hours) - \$250**

**Prerequisites:** NRA Basic Pistol Shooting Course –OR– a solid background in pistol safety and shooting skills acquired through other training and/or extensive pistol shooting experience –AND–NRA Basic Instructor Training course –OR– current NRA Instructor rating in another discipline. **Equipment required:** A three ring binder and hearing & eye protection, baseball cap and clothing suitable for the weather.

**Course Description:** This course will instill the knowledge, skills and attitude necessary to conduct the NRA Basic Pistol Shooting course.

#### **INSTRUCTOR: RIFLE (14 hours) - \$300**

**Prerequisites:** NRA Basic Rifle Shooting Course –OR– a solid background in rifle safety and shooting skills acquired through other training and/or extensive rifle shooting experience –AND–NRA Basic Instructor Training course –OR– current NRA Instructor rating in another discipline. . **Equipment required:** A three ring binder and hearing & eye protection, baseball cap and clothing suitable for the weather.

**Course Description:** This two day course will instill the knowledge, skills and attitude necessary to conduct the NRA Basic Rifle Shooting course which teaches the NRA's rules for safe gun handling; rifle parts and operation; ammunition; shooting fundamentals; range rules; shooting from the bench rest, prone, sitting, standing and kneeling positions; cleaning, and continued opportunities for skill development.

# INSTRUCTOR: REFUSE TO BE A VICTIM (8 hours) - \$100

**Prerequisites:** Refuse To Be A Victim Seminar. **Equipment required:** A three ring binder.

**Course Description:** This course will instill the knowledge, skills and attitude necessary to conduct the NRA Refuse To Be A Victim Seminar which presents a variety of information to help students take a pro-active role in personal safety. It covers topics that will help the student decrease the possibility of becoming a victim in the home, car, while shopping or traveling.

#### INSTRUCTOR: SHOTGUN (11 hours) - \$250

**Prerequisites:** NRA Basic Shotgun Shooting Course –OR– a solid background in shotgun safety and shooting skills acquired through other training and/or extensive shotgun shooting experience – AND- NRA Basic Instructor Training course -OR- current NRA Instructor rating in another discipline.

**Equipment required:** A three ring binder and hearing & eye protection, baseball cap and clothing suitable for the weather.

Course Description: This course will instill the knowledge, skills and attitude necessary to conduct the NRA Basic shotgun shooting course which teaches the student how to shoot shotguns at moving targets. Students learn NRA's rules for safe gun handling; shotgun parts and operation; shotgun shell components; shotgun shell malfunctions; shooting fundamentals; range rules; shooting at straight away and angled targets; cleaning; and continued opportunities for skill development.

#### RANGE SAFETY OFFICER (9 hours) - \$160

**Prerequisites:** Minimum age – 21 years old

**Equipment required:** None

**Course Description:** This course teaches the basic duties a Range Safety Officer (RSO) performs. It provides a thorough introduction to: the role of the RSO, range Standard Operating Procedures (SOPs), range safety briefings, range inspections and rules, emergency procedures, and how to clear firearm stoppages and correct malfunctions.

#### REFUSE TO BE A VICTIM (4 Hours) – (\$150 flat fee for unlimited students)\$10

**Prerequisites:** None

**Equipment required:** None

Course Description: This crime prevention seminar presents a variety of information to help you take a pro-active role in personal safety. It covers topics that will help you decrease the possibility of becoming a victim in your home, car, while shopping or traveling. The RTBAV course is a collection of practical, common sense tactics anyone can use in their daily life. This is the one course everyone in your family should take together.

#### SAFER USA GENERAL INTEREST COURSES

#### **BASIC PRACTICAL BALLISTICS (4 hours) - \$75**

Prerequisites: None

**Equipment required:** None

Course Description: This course is designed to give the student practical working knowledge of fundamental ballistic issues that impact the accuracy of bullet placement on the target. Few shooters understand the thousands of complex chemical and physical actions that occur in the small fraction of a second between the firing pin striking the primer and the projectile's impact. While it seems instantaneous it isn't. This course explains what influences shot placement and what you can do to control, or compensate for, those influences. What effect does shooting uphill or downhill have on shot placement? What about bullet shape, wind velocity, rain, and other variables? This is a must-take course for handgun and rifle hunters and competitive shooters as well as metallic cartridge reloaders,

#### **LONG RANGE RIFLE (6 hours) - \$195**

Prerequisites: Working knowledge of you basic rifle safety and handling procedures for your rifle.

**Equipment required:** .223 Rem or higher caliber rifle sighted in at 100 yards with appropriate long range ammo. Example ammo, .223 Rem 75 gr bullets, 6.5mm 140 gr bullets, 308 Win 160 Gr or heavier bullets.

**Course Description:** The Long Range Rifle course consists of classroom and practical range exercises. Classroom instruction will include a comprehensive discussion of long range ballistics and environmental considerations, caliber and cartridge selection, the value of hand-loading ammunition tuned for specific situations, and basic marksmanship principles. The practical range exercises will allow shooters to practice sighting in their own rifles and long range marksmanship skill practice out to 600 yards. This course offers a lot of personalized instruction on the range. We don't know of anyone teaching a course of this nature.

#### SAFER USA CONCEALED CARRY

#### **CONCEALED CARRY LIVE FIRE I (4 hours) - \$175**

**Prerequisites**: Basic knowledge of how your pistol operates including safely loading and unloading, working the safeties, and changing magazines. You should also be familiar with the basic firearms safety rules.

**Description**: This course is designed as the first of a two-part beginner's curriculum for the concealed carry permit holder, or someone who is contemplating carrying a

pistol concealed. If you have just received your carry permit and want some practical experience and training on how to employ your pistol effectively in

self-protection, this is the right class for you. What we'll cover: Gear selection and placement, Choosing the right pistol and ammunition, Grip, Drawing from the holster, Tactical presentations, Recoil management, Reloading the pistol, Clearing Malfunctions

**Equipment**: Semi-auto pistol or revolver suitable for carry in concealment, Minimum of 3 magazines for your pistol, A holster that covers the trigger guard of your pistol, Minimum of 1 belt mounted magazine pouch, A sturdy belt capable of holding your holster tight to your body without it drooping, Eye and ear protection, Cap with a brim, Shirt or jacket suitable as a cover garment. We will hold this course rain or shine, please dress appropriately). 100 rounds of practice ammunition and 20 rounds of the ammunition you plan to carry.

# **CONCEALED CARRY LIVE FIRE II (4 hours) - \$150**

**Prerequisites**: You should have completed Concealed Carry Live Fire Training 1 OR a level 1 pistol course from another training provider OR instructor authorization.

**Description**: Course covers using Cover, Shooting on the move, Engaging multiple threats, Shooting from awkward positions, Shooting strong hand/weak hand, "Up Close" engagements, One handed pistol manipulation,

**Equipment:** Semi-auto pistol or revolver suitable for carry in concealment, Minimum of 3 magazines for your pistol, A holster that covers the trigger guard of your pistol, Minimum of 1 belt mounted magazine pouch, A sturdy belt capable of holding your holster tight to your body without it drooping, Eye and ear protection, Cap with a brim, Shirt or jacket suitable as a cover garment. We will hold this course rain or shine, please dress appropriately. 150 rounds of practice ammunition

# ILLINOIS CONCEALED CARRY I (16 hours) - \$195

Prerequisites: None

**Equipment required:** Hearing and eye protection; cap with a brim; appropriate clothing for the weather (we will hold the State of Illinois required shooting proficiency test rain or shine, please dress appropriately). The registration fee includes use of a firearm, ammunition, electronic SIRT training pistol for classroom practice, class materials and lunch.

Course Description: This two-day program meets the training requirements for Illinois Concealed Carry, and both Florida and Arizona non-resident concealed carry permits. If the student elects to take an additional, free 1 1/2-hour program at the end of class the first day, it will also meet the requirements for the Utah non-resident concealed carry permit. The permits are recognized in about 30 states. If you travel outside Illinois you will want to have one of these non-resident concealed carry permits. The SAFER USA Illinois Concealed Carry I program is the most comprehensive we've seen on use of lethal force for civilian self-defense. It covers everything you need to know to protect you and your family with a concealed carry firearm or against a home invasion. Topics include: Illinois law and use of force; transportation (Illinois, Interstate & Airline); One grip for all handguns; autonomic nervous system & high stress performance; Home invasion; Marksmanship fundamentals for close quarter shooting; Situational awareness and dealing with sociopathic behavior; Evaluating ammunition caliber and bullet type for concealed carry and home invasion; Pros and cons of revolvers, semi-auto pistols, carbines and shotguns; Selecting a holster and drawing from concealed with emphasis on firearm retention and close quarter engagement; and how to disarm an aggressor with a firearm and handing an aggressor with a knife.

#### WOMEN'S CONCEALED CARRY ISSUES (3 hours – Maximum 15 students) - \$50

Prerequisites: None

**Equipment required:** None **Instructor**: Gretchen Fritz

**Course Description:** This women-only classroom course covers women's clothing choices for concealed carry and firearm selection and looks at a variety of women's holsters and appropriate gender-neutral holsters including: Flashbang and Marilyn bra holsters, thigh holsters, Hip Hugger, concealed carry purses, ankle holsters and inside the waistband options. Students will have the opportunity to try different holsters and there will be ample time for student questions.

#### SAFER USA TACTICAL DIVISION

# TACTICAL PISTOL 1 (4 hours – Maximum 10 students) - \$125

**Prerequisites:** Working knowledge of the basic safety rules and your specific firearm.

**Equipment required:** Semi-automatic pistol in a caliber larger than .22, a minimum of three magazines & 200 rounds of factory loaded ammunition, strong side paddle or leg holster and an offside double magazine pouch, hearing & eye protection, and clothing suitable for the weather.

**Course Description:** This practical shooting course covers Firearm Conditions, Firearm Fundamentals, Malfunctions, Drawing from a Holster, Close Contact Drills, Speed and Tactical Reloads, Handgun Retention. NOTE: This course requires reasonable student dexterity and agility. It includes rapid transition from standing to kneeling, sitting and laying on the ground, and moving and shooting.

#### TACTICAL PISTOL II (4 hours – Maximum 10 students) - \$125

Prerequisites: Tactical Pistol I

**Equipment required:** Semi-automatic pistol in caliber larger than .22, a minimum of 3 magazines, 250 rounds of factory loaded ammunition, strong side paddle or leg holster, off side double or 2 single magazine holster, hearing & eye protection and clothing for suitable weather. Shooting While Wounded,

**Course Description:** This practical shooting course covers Shooting on the Move, Multiple Target Engagements, Shooting from Standing to Kneeling to Rollover Prone Position, also Barricade, Parallel and Pivot Shooting, Stress Drills and support hand shooting and reloading. NOTE: This

course requires reasonable student dexterity and agility. It includes rapid transition from standing to kneeling, sitting and laying on the ground, and moving and shooting.

# TACTICAL RIFLE I (4 hours – Maximum 10 students) - \$125

**Prerequisites:** Know Your AR Platform AND Basic AR Field Operations OR instructor approval. You should have basic knowledge of how your rifle operates. You should also be familiar with the basic firearms safety rules.

**Equipment required:** Modern sporting rifle. (AR-15, AK-47/74, Mini-14/30, SCAR, ACR, etc...); an extra set of batteries if your optic requires them; minimum of three magazines for your rifle; sling of your choice; minimum of one belt or chest mounted magazine pouch; eye and ear protection; cap with a brim; appropriate clothing for the weather (We will hold this course rain or shine, please dress appropriately); and 200 rounds of ammunition.

**Optional equipment:** Snack; water; sunscreen; folding Chair for use during breaks; and rifle maintenance items

Course Description: This course is designed as the first part of an introductory course to guide the student through the proper operation and techniques of employing a modern sporting rifle in a self-protection situation. Topics covered include: Firearm and range safety brief; gear selection and placement; choosing the right rifle and ammunition; sling comparisons and use; confirming zero; loading and unloading the rifle; stance and grip; sighting at various distances; tactical carry and presentations; reloading the rifle; and clearing malfunctions.

# TACTICAL RIFLE II (4 hours – Maximum 10 students) - \$125

**Prerequisites:** You should have completed a Tactical Rifle 1 course either from SAFER USA or another training provider OR instructor approval. You must arrive with your rifle zeroed at a known distance between 25 and 200 yards. What range your rifle is zeroed isn't as important as knowing the distance it has been zeroed for.

**Equipment required:** Modern sporting rifle. (AR-15, AK-47/74, Mini-14/30, SCAR, ACR, etc...); an extra set of batteries if your optic requires them; minimum of three magazines for your rifle; sling of your choice; minimum of one belt or chest mounted magazine pouch; eye and ear protection; cap with a brim; appropriate clothing for the weather (We will hold this course rain or shine, please dress appropriately); and 250 rounds of ammunition.

**Optional equipment:** Snack; water; sunscreen; folding Chair for use during breaks; and rifle maintenance items

**Course Description:** This course is designed as the second part of a 2 part introductory course for those with some previous tactical rifle instruction either through SAFER USA or another provider. If you have completed your previous training through another company, please contact us to review its content. Topics covered include: Firearm and range safety brief; warm-up and clearing malfunctions review; using cover; shooting on the move; engaging multiple threats; shooting positions (stand, kneel, squat, sit and prone); and reloading from positions other than standing.

# <u>TACTICAL RIFLE/PISTOL GUN EMPLOYMENT (4 hours – Maximum 10 students) -</u> \$150

**Prerequisites:** SAFER USA courses *Basic Tactical Rifle 2* and *Basic Tactical Pistol 2* OR instructor approval. This is not a marksmanship course, but a weapon manipulation course. If you cannot perform basic operations with your equipment safely, you may be asked to leave. You should also be familiar with the basic firearms safety rules.

**Equipment required:** Modern sporting rifle. (AR-15, AK-47/74, Mini-14/30, SCAR, ACR, etc.); an extra set of batteries if your optic requires them; minimum of three magazines for your rifle; sling of your choice; minimum of one belt or chest mounted magazine pouch for rifle and two for pistol; a modern semi-automatic pistol in 9mm or larger caliber; minimum of three pistol magazines; belt holster for your pistol; eye and ear protection; cap with a brim; appropriate clothing

for the weather (we will hold this course rain or shine, please dress appropriately); 200 rounds of rifle ammunition; and 100 rounds of pistol ammunition.

Course Description: Participants will utilize both rifle and pistol to address tactical threats with an emphasis placed on transitioning between rifle and pistol and clearing malfunctions on both pistol and rifle. The course covers: Pistol draw; pistol return; sling placement; rifle Stock Adjustment; gear placement; magazine attitude; pistol reloading drills (with proper tactics); pistol malfunction drills; live fire pistol reloading/malfunction drills; rifle reloading drills (with proper tactics); rifle malfunction drills (SPORTS); live fire rifle reloading/malfunction drills; transition technique/drills; live fire transition technique/drills; live fire rifle malfunction; firing positions (standing, standing supported, kneeling, kneeling supported, prone, prone supported); ne gotiating objects, movement, movement to cover, types of cover (difference between cover and concealment); shooting around objects/corners drills; and live fire shooting around objects/corners drills.